

AFTERCARE

HOW TO CARE FOR YOUR BEAUTIFUL NEW BROWS

Hello beautiful! Congratulations on your new eyebrows!

Now you can sit back, relax, and do nothing!

The "Do Nothing" approach while your brows are healing, is the best. All you need to do, 24 hours after your procedure, is VERY gently wash your brows with lukewarm water and a cotton round or paper towel, pat dry gently and keep them out of the sun. DO NOT use soaps or cleansers on the tattooed area.

It is important, that for 10 days following your procedure, you keep your tattoo dry. NO water, cleansers, lotions and ointments. Avoid heavy sweating for 10-14 days.

Cosmetics in the brow area should be avoided for AT LEAST 10-14 days. Just keep the area clean and let it breathe.

Your skin will start to feel tight or itchy around day 4. When/if that happens, you can use a SMALL amount of coconut oil, IF needed. This moisturizing must be done SPARINGLY (not more than twice a day).

WHAT TO EXPECT

- Cosmetic tattoos take between 6-8 weeks to fully heal. At this time, you may receive your touch up if any color has faded, or if you would simply like to add more definition to your tattoo.
- After the topical anesthetic wears off you may feel some tenderness on and around the tattooed area. You may also experience slight swelling and redness the day of your procedure; this is normal and typically fades within 24-48 hours. At this point you may take Tylenol if you feel any pain, but avoid Aspirin or Ibuprofen, as they can cause blood thinning.
- The tattooed area will appear darker and bolder in color and more defined immediately after the procedure, but will soften and fade as your skin heals in the coming days and weeks. This is 100% normal, do not freak out!

- The treated area may feel a bit like sunburn afterwards, but there should be minimal discomfort.
- During the initial healing period, there should be minimal scabbing or flaking of the skin. If there is some scabbing or flaking, **DO NOT PICK**, and allow the scab or dry skin to come off on its own.
- As I mentioned, the complete healing process takes about 6-8 weeks, at which time, the true color of the tattoo will be evident. During this process, your tattoo will soften and lighten. Be patient (even if you think too much color has been lost), as your skin is still regenerating and naturally exfoliating. Wait at least 4 weeks to see the true color, as it seems to take on new strength, and it is only after 4 weeks that your touch-up/adjustment can be done.
- Pigment retention will vary depending on your skin type, and it is **NORMAL** to expect pigment loss. Don't worry! Faded strokes or the ones that disappear after the first session are very common, and will be taken care of at your touch up session.

WHAT NOT TO DO:

- You may shower or bathe normally, but avoid getting any soaps, shampoos or other cleansers on the treated area for the first five days, as they can be detrimental to the bonding process that must take place for the pigment to stabilize in the dermis.
- **DO NOT** pick or scratch at the dry skin/flakiness; let the skin fall off naturally. Picking can cause scarring and premature loss of pigment. **IMPORTANT:** Once the flakes have fallen off, a shiny layer of healing skin will completely cover the hair strokes. It may appear as though the tattooed area has completely disappeared. Within 1-2 weeks, the hair strokes will slowly reappear at a lighter shade as your skin regenerates.
- **DO NOT** apply make-up to the tattooed area for the first 2 weeks. Cosmetics of any kind may interfere with the healing and color of your tattoo.
- **DO NOT** bleach, tint or dye the tattooed area for one month following the procedure.
- **DO NOT** apply any anti-acne products (e.g. Benzoyl Peroxide, Salicylic Acid, Proactiv, etc.) or lightening creams (skin bleaching creams) such as hydroquinone to the treated area while healing.
- No anti-aging products or facial products containing Alpha Hydroxyls (AHAs), Retin-A, Lactic or Glycolic Acids should be applied in the tattooed area.

- Do not thread, wax, or use hair removal products on the treated area while healing.
- NO exercising and/or sweating for a few days prior to getting tattooed and for one week after. NO saunas or steam rooms for two weeks.
- NO swimming pools, jacuzzis or other bodies of water for two weeks.
- Do not soak your face underwater in a bathtub or allow the shower to spray directly in your face for two weeks.
- NO Botox or filler treatments in or near the area for a minimum of 2 weeks after service.

ONCE HEALED (after 4-8 weeks):

Exposure to the sun over time can cause fading and discoloration of the pigment. Once completely healed, you **must apply SPF 30-50** on the treated area, to help retain pigment color. Wear large sunglasses and a hat for further protection. Rinse and dry the area thoroughly when in contact with chlorine.

Glycolic acid, microdermabrasion, and chemical face peel products must be kept away from the tattooed area, as continued use could lighten the pigment.

If you are having laser resurfacing or laser hair removal after your tattoo has healed, please inform the laser technician. Continue at your own discretion. Laser procedures may darken, lighten, or discolor the tattooed area.

If you plan on receiving chemical peels, laser treatments or an MRI in the weeks following your tattoo, please inform your technician or doctor that you have been tattooed with iron oxide pigments, as these may cause irritation, burning and discoloration of your tattoo.

Once the treated area is completely healed, any changes or additions that need to be made can be done at your follow-up appointment no sooner than 4 weeks later.

There are no implied or written guarantees if you do not take care of your tattoo.